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Barking & Dagenham

Week ending Friday January 20, 2017

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Local News

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APPEAL: Two of the suspects, left, were caught on CCTV. Police also want to question this man, centre, and right, two men, who came to the shop 10 days before the robbery at Turquoise Jewellers in Barking

MANHUNT

TWO new suspects have been linked to a commercial robbery in Barking.

Police released new images on Wednesday, January 18, of two men they want to question in relation to the theft of more than £50,000 of jewellery from Turquoise Jewellers, in London Road.

CCTV footage was captured on December 17, 10 days before the robbery.

Images of the gang believed to have carried out the robbery were first released on December 17.

The 45-year-old shop manager suffered head and facial injuries

shortly before 6.40pm on Tuesday, December 27.

Police found the man who was taken to hospital for treatment.

Two robbers entered the shop offering jewellery for sale.

The manager refused the jewellery and was attacked.

He was punched several times in the face and over the head before being tied up.

The gang then emptied the shop and contents of the safe.

A third man stood outside the shop as a lookout.

He then entered the shop and left soon after with the other two rob-

bers carrying bags of shop stock.

One robber is white with a black beard and was wearing a grey bobble hat, dark blue jacket with a tartan hessian laundry bag over his shoulder, dark trousers and black trainers.

Another is also white with a black beard and wore a dark body warmer over a grey top, a dark bag across his waist, grey jogging bottoms and dark trainers with yellow soles.

A third robber is a stocky white man with a beard and was wearing a grey hooded top, grey trousers and white trainers.

DC Andy Davenport from the

Met's Flying Squad said: "This is a shocking incident that has left the victim very traumatised after his ordeal.

"We are keen to identify the three men in the CCTV footage so we can speak to them about the incident.

"We would also urge anyone who witnessed the incident to contact us."

No arrests have been made at the time of publication.

To give information call police via 101, tweet @MetCC or ring Crimestoppers anonymously on 0800 555 111.

Teenage girl injured in hit and run incident

A TEENAGE girl suffered a fractured skull and collar bone after a collision with a car which then drove away in Barking.

The 16-year-old also sustained cuts to the head, legs and arms in the collision at 5.15pm on Friday, January 13, on Ripple

Road near the entrance to Rippleside Cemetery.

A silver Mercedes C-class mounted the pavement, struck the girl and drove away in the direction of Barking town centre.

The teenager remains in an east London hospital in a seri-

ous but stable condition.

The Mercedes is likely to have front-end damage as pieces of plastic car trim and parts of the number plate were found at the scene.

Police believe that the damage is likely to be at the lower front-

end but the bonnet and front wings may also be dented.

No arrests have been made.

Anyone with information can call police on 020 8345 4955, tweet @MetCC or call Crimestoppers anonymously on 0800 555 111.

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The Yellow Advertiser Ltd is registered as a newspaper by Royal Mail.

Recycled paper made up 85.3 per cent of the cover material of our newspapers in 2015

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THE National Wedding Show is returning to London Olympia with a spectacular line-up.

Packed with the nation's finest wedding suppliers and the hottest names on the high street, plus entertainment and tastings for all the bridal party to enjoy, the show from Friday to Sunday, February 17 to 19, is not to be missed.

The National Wedding Show is touring the country to bring brides-to-be the very latest in stationery, fashion, honeymoons, beauty plus much more.

The London event – featuring the renowned Revlon Runway showcasing the latest trends from the Bridal and Designer Boutiques, the marvellous Makeover Theatre and Gentlemen's Lounge – all promise to leave you feeling relaxed and fully prepped for your big day.

For more information and tickets to the show visit www.nationalwedding-show.co.uk or call 0843 515 9400.

The Yellow Advertiser has teamed up with The National Wedding Show to give away a VIP goody bag as well as a

CATWALK: A model in an Alfred Angelo dress



pair of tickets to the show to one lucky reader, along with nine runner-up prizes of pairs of tickets to the event.

To enter the competition just answer the following question.

Q: In which month will

The National Wedding Show be at London Olympia?

A: February

B: March

C: April

To enter the competition telephone your answer – A, B or C – to 0901 307 0206 with your name, address, telephone number and email.

Alternatively text YAVIP (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 50p per call plus your phone company's access charge. Calls from mobiles will cost considerably more. Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, text EXIT at the end of your message.

Lines close on Thursday, January 26. Entries received after the closing date will not be counted but may still be charged.

Service Provider: JMedia UK Limited, RH16 3EG. Tel: 020 7720 7130.

T&Cs: Tickets are valid any day of the show, from Friday to Sunday, February 17-19, and are limited to one pair per winner.

Patient says I do with carer at hospice

A TERMINALLY ill man fulfilled his dying wish by marrying his carer at Saint Francis Hospice in Havering-ate-Bower, on Monday, January 9.

Ian Wilson-Deroeye, 57, and Gloria Colombini, 59, tied the knot at a ceremony attended by family and friends.

Ian said: "I first met Gloria when she was my carer and I feel in love with her. I love her smile, her personality and the way she cares for me. I have never met anyone like her," he added.

Gloria joked, "He was the naughtiest patient that I have ever had – he has such a kind heart."

Ian, who has leukaemia of the blood and marrow, first came to the hospice in 2013 when he used to attend the arts and crafts sessions.

The couple fell in love when Gloria started caring for Ian at his Dagenham home a year ago.



TENDER: Gloria Colombini and Ian Wilson-Deroeye tie the knot at Saint Francis Hospice



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Leyton Sixth Form is best in London

STUDENTS at a sixth form college in Waltham Forest are the highest achievers of any sixth form in the capital, according to new analysis.

According to analysis by ALPS (A-level performance system), an educational support network helping schools, of results in summer 2016, students at Leyton Sixth Form College performed the best in terms of both A-levels and vocational qualifications.

Kevin Watson, principal of the college, said recognition was evidence of students' hard work. Scores of students graduated in the summer.

He said: "Our results have been improving steadily year on year for some time and Ofsted inspectors have

confirmed us as being a 'good' college on three successive occasions. This evidence of just how well students progress at Leyton, whether highly qualified when they join us or more modestly so, is another massive step forward for us as a college. Leyton is demonstrably helping students to achieve to their potential as successfully as – more successfully than – any other sixth form college in the capital city of our country".

Seventy students who graduated in the summer of 2016 attended the college's annual awards ceremony in December where they received certificates recognising their accomplishments.



BEST: Students celebrate being the best in London.

Project aims to ease postnatal depression across East London

AN ANTENATAL project that aims to reduce post natal depression among new mums in East London has been nominated for a national award.

The REACH (Research for Equitable Antenatal Care and Health) Pregnancy Programme at has been nominated for the Royal College of Midwives Annual Midwifery Awards 2017 in the 'Reducing Inequalities' category.

Dr Penny Haora, a research fellow based at the University of East

London's Institute for Health and Development, said the programme at Royal London Hospital, run by Barts Hospitals Trust, aims to reduce 'high' rates of post-natal depression by bringing mothers together.

Dr Haora explained: "Post-natal depression rates are so high, it's costing the country billions. The social support we're creating here is aimed at reducing these negative outcomes."

Doctors also hope that the pro-

ject will lead to improved antenatal care for women living in areas with high levels of poverty and ethnic diversity.

A feasibility study involving 25 expectant mothers, including Hazira Hussain, is soon to conclude, with a new five-year research project being led by researchers at the University of East London (UEL) in conjunction with Barts Health NHS Trust set to begin.

A member of the scheme receive

care and share stories in 'pregnancy circles' with another mother, rather than meet a midwife in a hospital antenatal clinic.

The sessions are overseen by two midwives.

Hazira Hussain, an expectant mother who has participated in the REACH programme, praised the scheme as an outlet for others in her position to express themselves.

She said: "I'd definitely recommend it."

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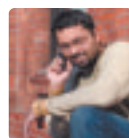
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TYTYTYTY: Pupils from St Edward's School with the pizzas they made at Pizza Express
Photos by Martin Dalton



Grabbing a pizza the action

PUPILS at St Edward's Church of England Primary School in Romford tapped into their inner chefs at a pizza making class.

Class 3H donned hats and aprons at the hour-long session at Pizza Express at The Brewery, Romford, tasting ingredients before making

margarita pizzas, which they took home.

Louise Hall, science curriculum team leader, said: "When we returned to school, the other year groups were very jealous of our 30 pizza boxes. The delicious smell of pizza remained with us for the rest of the day."



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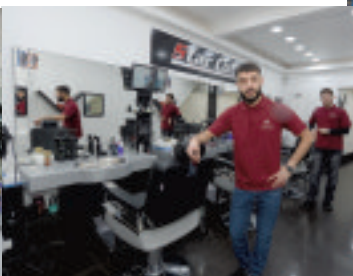
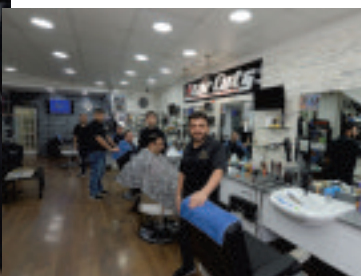
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Appy to be here

DIGITAL learning students at Barking and Dagenham College have developed an app that helps their peers find out about events more easily.

Alex Bambridge, Sisandra Teixeira, Andrew Duffy and Tahir Patel created BDC Plus, an app giving students access to information about activities at the college at the touch of a button, as well as support and guidance.

Mr Bambridge said: "Creating the app was an exciting task because it really tested our ability. There were challenges, but the app has already been praised by students and staff and is being downloaded all the time."



APPY FAMILY: Alex Bambridge, Sisandra Teixeira, Barking and Dagenham College technology learning manager, Andrew Duffy and Tahir Patel



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READY, SET... Pupils from schools across Redbridge took part in a series of high-octane events to mark the 10th anniversary of Lee Valley Athletics Centre

Juniors take on Lee Valley challenge

PUPILS from across schools in Redbridge competed in a series of high octane events in honour of Lee Valley Athletics Centre's tenth anniversary on Monday.

Young athletes from the likes of Christchurch and Loxford battled for prizes in events such as 60m hurdles, long jump and indoor javelin.

Mick Bond, the centre manager who awarded medals to competitors, praised pupils' competitive spirit and reflected on the centre's successes.

"On our tenth birthday, what better way to mark the occasion than with a Junior Schools' challenge," he said.

"We are proud to have seen the centre grow from small beginnings to the renowned venue it is today – providing a key facility for the community.

"It has attracted a

wide following, from elite athletes and clubs to schools and casual athletes, while also building up a close relationship with the local community.

"We have seen almost 1.5million people through our doors since we opened and can boast an average 4,000 visitors a week – 500 daily. This venue remains the best used stand-alone athletics centre in the UK." Past competitors include Usain Bolt.



Kick-start for ballet classes

CHILDREN have been given the opportunity to learn ballet in South Woodford.

Stage One Theatre Group are running 'Ballet Wednesdays' for children aged between three and 13 years old at the Memorila Church Hall.

Classes from 4pm to 4.30pm will be for three to four-year-olds, from 4.35pm to 5.20pm for five to seven-year-olds and from 5.30pm to 6.15pm for eight to 13-year-olds.

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HOMES BOOM

By Rudi Abdallah

having@yellowad.co.uk

HAVERING Council is planning to build more than 800 new

homes in Romford town centre.

It is hoping to work with First Base, a construction firm, in a "joint venture" to

regenerate the Bridge Close industrial estate.

Approximately 840 new homes, a combination of "workspace and community

amenities" and a bridge linking the estate to Romford railway station are planned.

Cllr Damian White, deputy leader of the council and cabinet member for housing, said: "The venture will act as a catalyst for further investment and regeneration in Romford. First Base has a proven track record and share our vision of a new neighbourhood with well-designed buildings and easy links to public transport."

Sadiq Khan, the mayor of London, designated Romford town centre a "housing zone" in March 2016, which ushers in £35million to be used building homes and workplaces.

A planning application is expected to be submitted by the summer, with work likely to begin in late 2018 if approved.

Other projects include a £25m leisure centre in Western Road - to open in spring 2018 - and a £1.4m investment in Romford station in preparation for the Elizabeth line.

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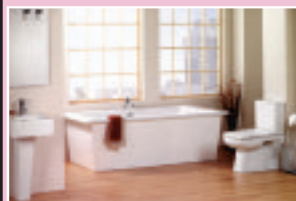
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WHAT'S ON

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Friday, January 20

■ Redbridge 18-Plus – York Room, Central Library, Clements Road, Ilford.

Saturday, January 21

■ Tennis – small club in Ilford, Sat pm, Sun am and three weekday afternoons, over 50s welcome, details Tom 020 8593 4365.
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm, 020 8923 6452.

Sunday, January 22

■ Ilford & District C.H.A Rambling Club – morning walk, meet 10.30am at Cutty Sark DLR station, 020 8926 4593.
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm, 07974 108350.
■ Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon.
■ Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm, 07768 005858.
■ Rehearsals – Redbridge Ladies Choir,

Monday, January 23

■ Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.
■ Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free, 020 8592 8321.
■ Rehearsals – Redbridge Ladies Choir,

Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome, 020 8551 9895.

■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome, 020 8505 4329.
■ Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm.
■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm.
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405.
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barking, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, January 24

■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm, 020 8595 3973.
■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome, 020 8599 1479.
■ Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.
■ Duplicate Bridge – Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm, 020 7474 7926.
■ Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you), 020 8599 6638.
■ Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years, 020 8594 4602.
■ Whist Drive – British Legion Club, Ilford, 7.45pm, 01708 555478.
■ Line Dancing – Walthamstow Trades Hall, intermediate, 8-11pm, 07968 036373.
■ Circle Dancing – King Solomon High School, Barking, 8-10.30pm, no partners necessary, details 07956 592938.
■ Square Dancing – American Square

Dance Club, Fullwell Cross Library, Barking, 8-10.30pm, beginners welcome.
■ Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm, 020 8592 8402.
■ Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, 8-10pm, 020 8559 8505 (eve).
■ Salsa classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm, 020 7511 5000.
■ Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346.
■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome, 07931 851954.
■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm, 020 8550 0689.
■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barking, 1.30-3pm, adults £1, children free entry.
■ Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am to noon, 020 8514 1255.

Wednesday, January 25

■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, Ray 020 8524 4289.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.
■ Live Blues Jam – Coach and Horses, 391 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, singers and drummers especially welcome, 8.30-11.30pm, 020 8502 0351.
■ Ilford No. 1 Senior Citizens Club – St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020 8590 7291.
■ Social Club – Wanstead House, The Green, E11, 8.30-10.30pm, 020 8514 8046.
■ Bingo – Royal British Legion Club, 31 Duntun Road, Leyton, 7.30-10pm.
■ Clairvoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing, 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, 020 8514 4030.

Thursday, January 26

■ Keep Fit for over-50s – Debden Park Community Association Hall, Willingale Road, 10.30am, 020 8508 3346.
■ Weekly 'drop-in' – friendly people who just want an afternoon of company, St Andrew's Church, Church Road, E17 6AR, 2-4pm.
■ Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508.
■ Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
■ Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.
■ Barking and Dagenham Friendship Club – Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss, 020 8594 6409.
■ Rehearsals – Woodford Symphony Orchestra, 020 8504 7783.
■ Dagenham Camera Club – Wantz Library, Rainham Road North, 8-10pm, 020 8522 2934.
■ Forest Creative Writers Group – Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 2-4.45pm.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session.
■ Redbridge Stroke Club – Loxford Youth Centre, 2-4pm, 020 8220 5878.
■ Indoor Short Mat Bowling Group – Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044.
■ Evening of clairvoyance – Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debden), Loughton, 8pm.
■ Church service with clairvoyance – Barkingside Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barking, 2.30pm, free admission, 07930 231189.
■ Spiritual healing – Wanstead Library, Churchill Room, Spratt Hall Road, Wanstead, 6-7.45pm.

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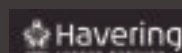
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PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) REGULATIONS 1990

NOTICE UNDER REGULATION 5 and 5A TOWN & COUNTRY PLANNING

(DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 NOTICE UNDER ARTICLE 15

The following applications for planning permission affect the character or appearance of the following conservation areas:

Aldersbrook

0110/17 Applicant: Mr Lyons 56 Wanstead Park Avenue E12 5EN

Description: Loft conversion with rear dormer. Two front roof lights. One side roof light

5854/16 Applicant: Ms Sturdy 11 Ingatestone Road E12 5HE

Description: Loft conversion with two rear dormers. Two front roof lights
Claybury and Listed Building Consent

5986/16 Applicant: Mr & Mrs Kruszelnicki & Liszka Flat 19 Sutherland House IG8 8NS **Description:** Loft conversion with three roof lights

South Woodford

0031/17 Applicant: Mrs Tsoi 131A High Road E18 2PA **Description:**

Demolition of existing garage and erection of one-bedroom self contained unit

Wanstead Grove

5970/16 Applicant: Mr & Mrs Mckeown & Ferris 27A Grove Park E11 2DN

Description: Single storey rear extension. Single and part double storey front extension incorporating new front porch. New Basement. Loft conversion with front and rear dormers and four side roof lights

Woodford Broadway

0106/17 Applicant: Mrs Bersch 48 Monkams Drive IG8 0LD **Description:**

Double storey side extension. Bay window and two roof lights to garage. Single storey side extension to link garage to dwelling

0019/17 Applicant: Mr Roberts 9 Park Avenue IG8 0EU **Description:** Single storey rear and side extension. Part first floor side extension

5996/16 Applicant: Mr Adams 70 Monkams Avenue IG8 0ET **Description:** Single storey side extension

Woodford Green

0129/17 Applicant: Mr Herst 38 Mornington Road IG8 0TL **Description:**

Loft conversion with one rear and three front dormers. Hip to gable roof alteration

5781/16 Applicant: Mr Singh 5 Firs Walk IG8 0TD **Description:** Roof alterations (retrospective)

Applications for planning permission for major development

5918/16 Applicant: Mr Sanger, Golfe Group Ltd, Ley Street House 497-499 Ley Street IG2 7QX **Description:** Erection of four storey building containing 6x1, 10x3 and 3x4 bedroom flats. Change of use of three flats (C3) in existing Block C to private gymnasium for residents (C3). Provision of rooftop amenity space, 24 ground floor internal parking spaces, 21 surface level parking spaces and alterations to site access

5693/16 Applicant: Mr Essex, London Borough of Redbridge, John Bramston Primary School, Newcastle Avenue IG6 3EE **Description:** Covered walkway structure between existing school building and new permanent modular kitchen pod unit

Applications can be inspected online at www.redbridge.gov.uk/planning. If you require information contact Planning Services on 020 8708 2884. Representations should be made to Planning Services within 21 days of the date of this notice. Joanne Woodward - Strategic Head of Planning & Building Control. Date: 19 January 2017 DM No. 80168616

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SECOND HALF BLITZ A BOOST FOR HAMMERS

Football

West Ham United 3
Crystal Palace 0

Brian Jeeves reporting
from the London Stadium

WEST HAM United recorded their biggest Premier League victory at their new home as second half goals from Sofiane Feghouli coupled with delightful strikes from Andy Carroll and Manuel Lanzini, saw struggling Crystal Palace sunk on Saturday.

This was a London derby with many subplots. Neither side had been able to find consistency this campaign, while Hammers boss Slaven Bilic was once again reported to be under pressure following an FA Cup annihilation by Manchester City.

Bilic's problems mounted with talismanic French frontman Dimitri Payet saying he no longer wishes to play for the club.

Palace arrived in east London now under the stewardship of former Hammers manager Sam Allardyce.

Bilic brought defender James Collins back into the starting line-up, while Carroll was again the man charged with leading the attack.

West Ham stroked the ball around confidently during the early exchanges, although clear-cut opportunities came at a premium during a disappointing first half.

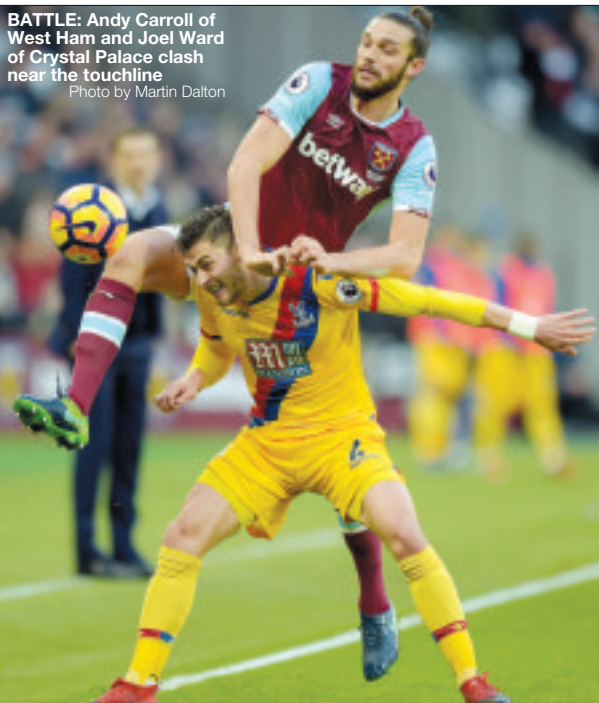
Carroll was a whisker away, volleying over from 12 yards after Mark Noble had picked him out.

Yohan Cabaye's speculative attempt drew a smart save from Randolph, while former Hammer James Tomkins somehow missed the target from a couple of yards out as Palace began to push.

West Ham responded, but Noble's strike was too high as the opening period drew to a frustrating end.

Carroll and Cabaye were off-target as both sides looked for a foothold on their return. Meanwhile, Carroll's header was deflected behind after Feghouli and substitute Sam Byram

BATTLE: Andy Carroll of West Ham and Joel Ward of Crystal Palace clash near the touchline
Photo by Martin Dalton



had fashioned the opening. Then the Georgie frontman lashed wide after Palace failed to deal with Lanzini's troublesome dead-ball.

West Ham now appeared to be in the ascendancy. Carroll's fierce volley was blocked, while another Lanzini free-kick wasn't too far away. Feghouli was creating problems for the Palace backline in arguably his best performance in a Hammers shirt.

The home side continued to press. Byram's angled drive flashed across the face of goal. Then, with little over 20 minutes remaining, West Ham grabbed the lead. Michael Antonio waltzed around keeper

Wayne Hennessey, before providing Feghouli with the simple task of knocking into an empty net.

The Hammers were now in the mood, and if the first goal lifted the crowd, the second rocketed them into orbit. Carroll met Antonio's cross with an audacious scissor-kick he described later as his best goal ever.

The Hammers weren't finished. Antonio found Lanzini, and the little Argentine raced half the length of the pitch before chipping over Hennessey for the Hammers third.

After the game, Bilic said. "It was a great day for us. I am glad to praise the players.

"The first half was nervous, but in the second half, we made a tactical change. But it was down to the players who reacted really great.

"In the second half, we were magnificent. The crowd really helped a lot. I told the players that we could expect a little bit more support from the start and we didn't want to lose it. We had to build on it and show determination, commitment and a willingness to win the game today, and to give everything. That is exactly what we did as a team, all of them."

Bilic continued: "We had great quality in the second half. On top of that, the most important thing is to win of course. But to do it in style, score three goals and have your attacking midfielders scoring or assisting is great for them individually. Then to keep a clean sheet was great also for our defenders.

"I can call it almost the perfect result. It was one of those games that was much more than three points."

Crystal Palace chief Allardyce said: "It is tough for us at the minute. I'm still finding out about the players. They are making statements to me by the fact that results are not good enough."

West Ham are next in action on Saturday, January 21, when they visit the Riverside Stadium to face Middlesbrough (3pm).

West Ham United: Darren Randolph, Winston Reid, Aaron Cresswell, Sofiane Feghouli, Andy Carroll, Manuel Lanzini (Edimilson Fernandes 87'), Pedro Obiang, Mark Noble (Capt), James Collins, Angelo Ogbonna (Sam Byram 46'), Michail Antonio, Ashley (Fletcher 89') Subs not used: Adrian, Jonathan Calleri, Reece Oxford, Domingos Quina

Crystal Palace: Wayne Hennessey, Joel Ward, James Tomkins, Scott Dann (Capt), Yohan Cabaye, Andros Townsend (Loic Remy 69'), Joe Ledley (Jeffrey Schlupp 81'), Christian Benteke, James McArthur (Lee Chung-Yong 69'), Damien Delaney, Jason Puncheon Subs not used: Julian Speroni, Mathieu Flamini, Zeki Fryers, Martin Kelly.
Referee: Neil Swarbrick
Assistants: Peter Kirkup and Marc Perry
Fourth Official: Roger East
Attendance: 56,984

Non-league round-up

City progress in FA Trophy

By Brian Jeeves

CHELMSFORD City progressed to the third round of the Buildbase FA Trophy after Chris Dickson scrambled home a second-half winner for the Clarets against Dartford at Princes Park.

Dickson's goal came with just under 20 minutes remaining. Earlier, National League South rivals Dartford were reduced to 10 men when Alex Brown was red-carded for a foul on Anthony Church.

Braintree Town also made Trophy progress, winning 5-2 at rivals, East Thurrock United.

Michael Cheek grabbed a hat-trick for the Iron, while former Southend United pair, Jack Midson and Lee Barnard, were also on target. Sam Higgins hit a brace, one from the penalty spot, for the Rocks.

Concord Rangers played out an exciting 3-3 National League South draw with Oxford City at the Aspect Arena. Lyle Della-Verde and two penalties from Steve Cawley ensured the Beach Boys an important point. Mike Fondop, Matt Peake-Pijnen and Stephan Ngamvoulou found the net for the visitors.

In the Ryman League Premier Division, George Allen fired Canvey Island into an early lead at Harrow Borough. However, Steve Brown quickly levelled for the home side and the Gulls had to settle for a share of the spoils.

Elsewhere, Billericay Town were thumped 4-1 at Leiston after Christian Assombalonga gave the Blues an early lead. Grays Athletic were also beaten. Kwabena Osei's strike was not enough to save them from a 2-1 home defeat at the hands of Wingate & Finchley.

AFC Hornchurch were the big winners in Ryman League Division One North. Leon McKenzie bagged a hat-trick, with Abs Thompson and Kenzer Lee also among the goals in a 5-1 win at Witham Town. Tim Monsheju grabbed the hosts' consolation.

Sam Newson, Liam Nash and two own goals from Spencer Harrison ensured leaders Maldon & Tiptree a 4-1 win at Waltham Abbey. Rimmel Daniel scoring for the home side. Meanwhile, Chinedu McKenzie's first half goal earned Romford a 1-0 win over VCD Athletic.

Two late penalties from Reece Grant ensured Heybridge Swifts a 2-2 draw with Bowers & Pitsea at the Scraley Road Stadium. A brace from Brad Warner, one from the spot, had earlier given Bowers a 2-0 lead.

Anthony Macdonald gave Haringey Borough the lead at Chadfields, but hosts, Tilbury hit back to grab a point thanks to Kurt Smith's penalty. It was also 1-1 between Phoenix Sports and Thurrock. Jordan Clark with the Ship Lane side's goal from the spot.

But it was another tough afternoon for Great Wakering Rovers, who crashed to their second successive 5-0 home defeat, this time at the hands of Dereham Town. Dion Frary, Daniel Beaumont, Joe Gating, Rhys Logan and a Nikki Beale own goal ensuring a miserable afternoon for the Boroughs Park faithful.

In the Essex Senior League, leaders Barking were emphatic 5-2 winners at FC Romania, while second-placed Southend Manor kept up the pressure with a 4-1 win over London Bari at the Southchurch Park Arena.

Waltham Forest won 1-0, seeing off Hullbridge Sports. Elsewhere, there was a tense goalless draw at the Old Spotted Dog as Clapton faced Redbridge in an east London derby.

Selected highlights from the ProKit UK Essex Olympian League saw Hannakins Farm with a thrilling Premier Division encounter at Canning Town by three goals to two.

Galleywood won 2-1 at Snaresbrook in Division One, while May & Baker EC Reserves were 6-0 winners over Leytonstone United in Division Three.

Havering athletes turn on the heat in cold weather

Athletics

HAVERING AC athletes defied bitterly cold conditions to continue their Essex League challenge as Braintree hosted the fourth round at Great Notley Country Park on Saturday.

Another victory for the Under 17 Girls/Under 20 women ensured that they have already guaranteed the league title with one round to spare.

Jessica Mitchell's brilliant form

continued as she earned her first league victory, with Kate O'Neil in runners-up spot 11 seconds back.

Catherine Barker in 12th and Emily James's 21st place finish ensured another team victory.

The Under 13 Girls' second place finish was also good enough to seal the title with one round still to come.

Sydney Foley's third place led the squad home and Natalie Sewell marked her club debut with an excel-

lent fourth place finish. Annie Grannell (12th) and Hannah Yexley (18th) completed the scoring quartet.

Alex Ford recorded his third individual victory to lead home the second placed Under 13 boys and to put himself in an unbeatable position for the individual league title.

Matthew Blacklock (11th), Lenny Houston (15th) and Oliver Yexley (18th) were the scorers as the team came within three points of league

champions Southend and look to have confirmed runners-up spot.

The Senior Women recorded their best result of the season to win their Division 2 competition and to improve their chances of regaining their top flight place.

Molly Sweetman had to settle for second on her return from a minor injury, but looks to have clinched the individual Under 15 Girls league title.

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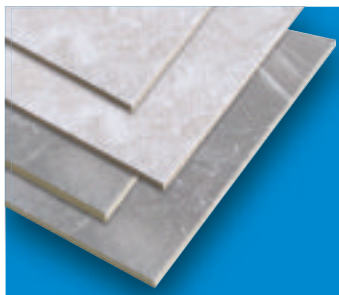
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